

**Women's Health
&
The Female Reproductive
System**

Women's health

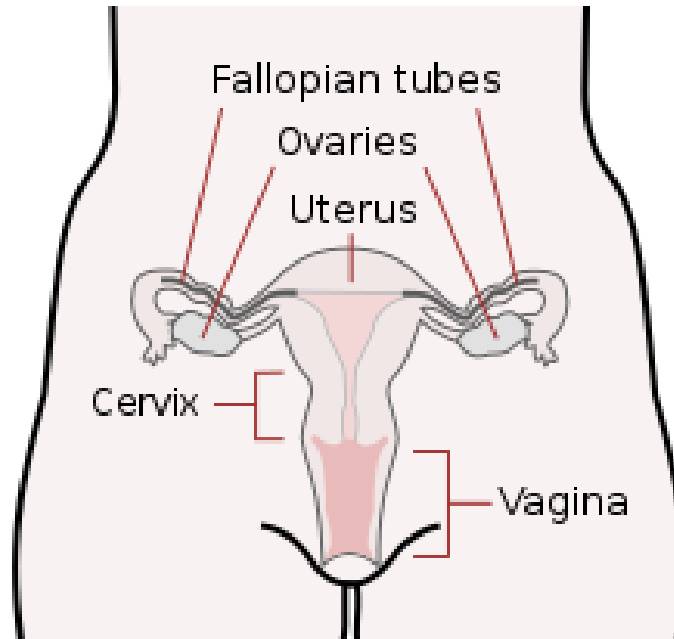
Health is defined by the World Health Organization as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity"

This booklet will focus on various health issues that affect women of various ages. Women's health is a very important topic. A woman's health is influenced not only by her biology but also by conditions such as poverty, and family responsibilities.



Female Reproductive System

The female reproductive system consists of various components that work together to perform different functions. The knowledge of the basic components of this system will enable you to understand your body and its functioning better.



Here are some important components and their specific functions:

- Ovaries – This is where an egg cell are produced. When an egg cell are fertilized by a sperm cell, a baby starts to develop.
- Fallopian tubes – This tube connects the Ovaries to the uterus.
- Uterus – This is where menstrual blood comes from. This is also where a baby grows and develops.
- Vagina – This is the canal that leads from the outside of your body, to the uterus. The baby is delivered through the vagina. The vagina also receives the penis during sexual intercourse. The vagina is also the canal within which a tampon are placed during menstruation.
- Cervix – This is the part between the uterus and the vagina. Cervical cancer can develop here.

Legal Matters

You, as a woman, have the right to solely decide about any matter with regards to your sexual and reproductive health. Violation of these rights include the following: forced pregnancy, forced sterilization, forced abortion and genital mutilation.

